

Affordable (+ free) food in Islington: Christmas/holiday updates

2024-2025

Manor Gardens Christmas Party Thursday 19th December
11am-2pm Upper Holloway Baptist Church N7 6RG. Tasty food, festive fun + giveaways. Free, but registration needed. Email: wellbeing@manorgardenscentre.org / text: 07519588576

St Luke's Community Centre; Christmas Lunch 25th December
12- 4pm. Three course meal + festive fun. Book your space: 02075498181 info@slpt.org.uk. £10 suggested donation for food.

Monday 23rd Dec 30th Dec	Tuesday 24th Dec 31st Dec	Wednesday 25th Dec 1st Jan	Thursday 26th Dec 2nd Jan	Friday 27th Dec 3rd Jan	Weekends 28/29th Dec 4/5th Jan
<p><u>Margins Project</u> drop-in open on 23rd December. Closed 30th December. Open again on 6th Jan</p>	<p><u>St Giles Pantry</u> N7 9GJ open on 24th December from 11am and available to all, even if you're not previously registered. Closed on 31st December</p> <p><u>Elizabeth House foodhub</u> closed 24th + 31st December. Open on 7th January.</p>	<p><u>Muslim Welfare House</u> N4 2DA open 25th Dec + 1st Jan (hot meals 2pm)</p> <p><u>Margins Project</u> closed on 25th Dec + 1st Jan</p> <p><u>St Giles Pantry</u> closed on 25th Dec + 1st Jan</p> <p><u>Manor Gardens food co-op</u> closed on 25th December + 1st January</p> <p><u>St. George's Wellbeing café</u> closed 17th, 25th Dec + 1st Jan</p>	<p><u>Hive foodbank at St Mary's Church</u> N19 3AD open with non-perishable food only (no bread or fruit and veg) on 2nd January 6.30-8pm</p>	<p><u>Andover Surplus Food project</u> N7 7RY open 27th December + 3rd January</p> <p><u>Mildmay Community Centre</u> N16 8NA Food Coop & Food Bank open 27th Dec + 3rd Jan. 11.30am-1.30pm. £1 per person in household. Register: mildmaycp@gmail.com 020 7249 8286</p>	<p><u>FoodCycle Finsbury Park</u> closed 28th December + 4th January</p>
<p><u>Brickworks Community Centre</u> N4 4BY foodbank open on 23rd and 30th December. Food parcels 12pm-3pm. For local area (N4 4BY)</p>	<p><u>Brickworks Community Centre</u> closed 24th + 31st December</p> <p><u>Peel Centre</u> closed 24th and 31st December</p> <p><u>Hilldrop Community Centre</u> closed on 24th + 31st December</p> <p><u>St Luke's Community Centre</u> closed 23rd December</p> <p><u>Holloway SDA Church Foodbank</u> closed 24th + 31st December</p>	<p><u>FoodCycle Islington</u> closed 25th Dec + 1st Jan</p> <p><u>Hive Foodbank</u> closed on 25th Dec and 1st Jan. Open as normal on 8th Jan</p> <p><u>Elizabeth House Blue House Club</u> closed 25th December + 1st January</p> <p><u>Peel Centre</u> closed 25th Dec + 1st Jan</p> <p><u>St Luke's Community Centre</u> foodhub closed on 25th Dec + 1st Jan. Special christmas event on 25th December</p> <p><u>Holloway SDA Church</u> café closed 25th Dec +1st Jan</p> <p><u>Hornsey Lane Community Centre</u> surplus food closed on 25th Dec + 1st Jan</p>	<p><u>Hillside Clubhouse</u> N7 9GJ. Hearty Thursdays 12:30-3pm free meals open on 26th December. Closed on 2nd January</p> <p><u>St Giles Pantry</u> closed on 2nd January</p> <p><u>Copenhagen Street Foodbank</u> closed 26th Dec + 2nd Jan</p>	<p>The Hive foodbank: no Cook together classes in December 2024 or on 3rd Jan. Normal service resumes Friday 10th January.</p>	

Affordable (+ free) food in Islington

Monday

Margins Project at Union Chapel 19B Compton Terrace N1 2UN
Drop-in session for people facing homelessness. Sit down meal, takeaways, hot showers & laundry 11am-1pm

Caxton House N19 3RQ (from 12.30) - surplus bread and cakes in reception when available

Muslim Welfare House 233 Seven Sisters Rd, N4 2DA
Giving out hot meals 2pm



Updated: December 2024

Tuesday

St Giles Pantry N7 9GJ Community pantry
£3.50 per visit. Tuesdays 2-4pm. Wednesdays 9:45am-4pm. Thursdays 9:45am-12:30pm/2-4pm
Appointment only. To seek a referral, contact St Giles or visit www.stgilestrust.org.uk/how-to-get-support/

St Luke's Food Hub EC1V 8AJ 1:30-3:30pm
For some EC1 area, by appointment (please call to check eligibility) 02075498181
info@slpt.org.uk

The Peel EC1R 0HU
Free ready meals
Queue from 12:45

Elizabeth House
Pop-up food store
£3. For residents in: N4 2, N4 3, N5 1, N5 2, N7 7
Register: 02076901300
info@elizabeth-house.org.uk

Hilldrop Community Centre N7 0JE
Free hot lunch served at 12.30 For residents of N7 & local Hilldrop Estates. Term-time only

Hollway SDA Church N7 0RN
Food bank 12-2pm

Mildmay Community Centre N16 8NA
Soup & Stew Day (12.30-2pm) Hot bowl of stew or soup; meat / vegetable option (donation based)

Wednesday

St Giles Pantry N7 9GJ Community pantry

St Luke's Food Hub EC1V 8AJ 1:30-3:30pm
For some EC1 area, by appointment (please call to check eligibility) 02075498181
info@slpt.org.uk

The Peel EC1R 0HU
Wednesdays: fresh food available. Queue from 12:45pm

Hornsey Lane Community Centre: 020 7272 5938
Giving out surplus food 10:30-2pm at Hornsey Lane N19 3YJ

Brickworks Community Centre N4 4BY
Food parcels 12pm-3pm. For local area (N4 4BY).
On other days, can provide emergency food bags (if available), please ring reception: 02072631067.
colin.adams@hanleycrouch.org.uk / vanessa.freeman@hanleycrouch.org.uk

Margins Project, Union Chapel 19B Compton Terrace N1 2UN. Drop-in session: sit-down meal, takeaways, hot showers & laundry. 11am-1pm

Manor Gardens Centre N7 6LA 10:45am-12pm.
Food co-op. Take home bags of groceries for £3

St. George's N7 0ND Free Hot Lunch. 10.30am -1 (lunch 12-1)

FoodCycle Islington. New River Baptist Church, N1 2TL
Free hot meal, 1pm. No need to book!

The Ringcross Foodbank N7 8RH www.rcfb.info
Food parcels, meals & essentials £3. 1-4pm. 07565256537
Open to residents of Holloway, Laycock, Caledonian Wards & Hyde Housing Estates (proof of address needed), as well as people who are sleeping rough

Hollway SDA Church N7 0RN. Haven Cafe 12- 2pm Advice, activities + free lunch (at 1.30pm)

Muslim Welfare House 233 Seven Sisters Rd N4 2DA.
Giving out hot meals 2pm

The Hive Foodbank N19 3AD. 6.30-8.30pm. Referral needed: 020 7916 2710 hivefoodbank@gmail.com

Thursday

Mildmay Community Centre N16 8NA
Community Cook-up
Free shared meal. Meat / vegetarian option. Donations welcome
Cooking activity: 9.30am - 12.30pm
Food served: 12.30 - 2pm

Hillside Clubhouse N7 9GJ
Hearty Thursdays 12:30 - 3pm
Giving out free meals, hand-cooked by their members for the community. Halal, Kosher & vegetarian options

Copenhagen Street Foodbank: N1 0SR
Weekly foodbank 1pm-3:30pm.
Fresh food + non-perishable items
02078378378
copenhagenstreetfoodbank@gmail.com

Friday

Mildmay Community Centre N16 8NA
Weekly food co-op for residents of Mildmay ward.
£1 per person in household. Register: mildmaycp@gmail.com 020 7249 8286
If you don't have access to a phone/email, feel free to go to the centre
Fridays 11.30am-1.30pm

Andover Surplus Food project
Andover Community Centre, N7 7RY. 1:30pm
Residents of Finsbury Park Ward. Free - choose 5 items
020 7272 3493
andovercc@islington.gov.uk

St Mary's Church & The Hive Foodbank N19 3AD
Cook Together Drop-in. Learn to make cheap, easy & tasty meals. All ingredients provided. 3 - 5.30pm

Hargrave Hall N19 5SP
Food pantry (fresh + non-perishables) 2-7pm.
Free dinner at 5pm.
Drop in - all welcome.

Weekends

Choices CiC African Caribbean Cultural Food Co-op
Pay £5 in return for £20 - £25 worth of Afro-Caribbean foods.
First Saturday of every month at 2pm, Caxton House N19 3RQ. If you are on low or no income, please contact us about joining: info@choiceslondon.cic.com

FoodCycle Finsbury Park
Free 3 course vegetarian meal Saturdays 1pm onwards. Andover Community Centre, Corker Walk, N7 7RY. No need to book!

St Luke's EC1V 8AJ
Free community lunch (monthly) 12.30 -1.30pm
Next date: -Saturday 14/12/24

Other services:

Bags of Taste: **free, mentored at-home cooking course** to make low-cost, nutritious meals. Ingredients provided for free and delivered to your house. Open to all Islington residents.

islington@bagssoftaste.org // 07986042458

Hornsey Lane Community Centre:

Family Cook & Share: Wednesdays 10am-2pm

Free Lunch Clubs for people over 55:

Thursdays 12-2pm New Orleans Hall, N19 3TH

Saturdays 12-4pm at Hornsey Lane Estate Community Centre N19 3YJ

St Luke's Community Centre, EC1V 8AJ:

Over 55s Lunch Club for Islington residents offering low cost freshly cooked lunches on-site

90 Central St, EC1V 8AJ. Monday to Friday 12-2pm

Elizabeth House Community Centre N5 1ED:

Blue House Club (**over 50s club**). Wednesdays (term-time only). **Chair**

Yoga 11am, **free hot lunch** at 12pm, followed by an activity

Islington Mind:

Communal **warm spaces** and a variety of **activities, including cooking classes and communal meals**, specifically for residents experiencing mental health challenges. Referral needed. For more information: www.islingtonmind.org.uk or contact 02033019850



Join or start a food co-op!

Food co-ops are groups of neighbours who buy food together to save money. By being in a food co-op, you could save up to 40% on your weekly groceries. To find out more and for guides and resources on how to start a co-op, visit: <https://cooperation.town/>

Find your nearest food co-op by contacting co-operation town here: <https://cooperation.town/contact/>
Cooperate Girdlestone: Girdlestone Community centre, 11am-2pm Wednesdays. Open to new members!

Please note, this is not a comprehensive list of all food support available in Islington.

For more information, visit: www.islingtonfoodpartnership.org.uk

Healthy Start Vouchers

Get support to buy food and milk. Regular payments of up to £8.50 per child per week are automatically loaded onto a prepaid card to be used in shops. Open to women/people at least 10 weeks pregnant or families with a child under 4 years and receiving:

- Universal Credit with total family earned income of £408 or less (after tax) per month
 - Child Tax Credit with a family income no more than £16,190 per year
- Complete application online: www.healthystart.nhs.uk/how-to-apply/

You may also be eligible if you receive:

- Income support
- Income-based jobseeker's allowance
- Pension Credit (including child addition)

Or if you're pregnant and:

- under 18
- receiving Income-related Employment and Support Allowance
- receiving Child Tax Credit but don't also have a child under 4

Apply by email healthy.start@nhsbsa.nhs.uk or phone 0300 330 7010

Call Family Support (02075278376) for any application concerns



Bright start Islington

A range of services supporting **under 5s and their families** across Islington, including baby feeding information and support.

For more information call: 02075275959

www.islington.gov.uk/brightstart

